

Montreal Mentoring Program II

with **Hart Lazer**

A unique opportunity to be mentored in a small group atmosphere by Hart Lazer, one of Canada's leading Yoga teachers, and teacher trainers. This 150 hour course will offer the advanced student or teacher an opportunity to practice, dialogue and be guided in an innovative and personal way, by a seasoned practitioner and teacher. *Program limited to a minimum of 6 and maximum of 12 participants.*

Course Outline:

- 60 hours of master classes - check www.hartlazer.com schedule page for details. Please note that some master classes are available in the evenings.
- 10 hours private sessions regarding personal practice
- 15 hour beginning workshop January 23-25, 2009
- 10 hours of telephone contact = 6 hours of telephone contact directly with Hart every second month of the year; 4 hours in the year following the program for follow up
- 24 hours advanced level classes in Montreal - check www.hartlazer.com schedule page for any changes. These are presently scheduled for 12 - 3pm on January 25, March 8, May 17, July 26, September 20, October 25, November 22, December 13, 2009
- 30 hour workshop December 7-11/09 - 6-9pm and December 11-13/09 wrap up weekend

Requirements:

- completion of teacher training with Hart Lazer or equivalent applicable training with another teacher
- minimum of two years consistent practice of Yoga
- regular meditation practice
- completion of program application - applications *received* by January 25th, 2008

Cost:

Before November 1, 2008:

- \$2750.00 plus applicable taxes
- \$500.00 non refundable deposit

After November, 2008:

- \$3000.00 plus applicable taxes
- \$500.00 non refundable deposit

Repeat Enrollment:

- \$2500.00 plus applicable taxes

For all:

- payment plans available with post dated cheques; **\$250.00 extra for fees and administration**
- postdated cheques or cash only for payment plans, cheque, cash, etransfers allowed otherwise
- refunds in the form of credit on Hart Lazer courses only

Location: United Yoga Montreal, Montreal

For application and further information contact:

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